




November 2017 Free Events



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
Every MONDAY For Silver Sneakers Members Free Exercise Class 11:45-12:30 Patrick	 Proud Sponsors of Senior Source	Family Relations 1:30 with refreshments Englewood Hosp. Med. Ctr.	Great Entertainer Coming Back RHONDA Sings for US 1:30 Rhonda Denet	Travel to Sicily 1:30 with Christina
6	7	8	9	10
Thanksgiving 101 Chef Michael and Ellen 1:30 with refreshments Regent and Prospect Care Ctrs.	Senior/Care Giver Planning 1:30 with refreshments Julien Financial	BINGO Win Prizes 1:30 with refreshments Maywood Ctr for Health & Rehabilitation	Film Festival "Some Like It Hot" 1:00 Presented by Lorraine	Honoring Our Veterans 1:30 LUNCH Must RSVP to us before Nov. 6 Jewish Home Family
13	14	15	16	17
TO BE ANNOUNCED 1:30	POT LUCK-noon Call to Sign up <hr/> Balance Yourself - 2:00 CoreBasics Physical Therapy & Wellness	Something Special 1:30 with refreshments Always Best Care	Medicare and Part D 1:30 with refreshments Carrera Financial	9a-1p Troopers Free Inspection of Childs Car Seats <hr/> A New Year, A New Me 1:30 with refreshments JAG Physical Therapy
20	21	22	23	24
Long Term Insurance Important Info 1:30 with refreshments HomeWell Senior Care	Play Bingo Win Prizes 1:30 with refreshments Royal Hearts Healthcare	Chair Yoga 1:30 with refreshments Woodcrest Health Care Ctr.	HAPPY THANKSGIVING CLOSED Gobble, Gobble	Play Cards, Mah Jongg Bring Friends 1:30 Come Play
27	28	29	30	
Comedy Hour 1:30 with refreshments ComForCare Home Care	Preparing for Winter Do's & Don'ts 1:30 with refreshments Professional Physical Therapy	Safety and Fall Prevention 1:30 with refreshments Caring People	Film Festival "Lincoln" 1:00 Presented by Lorraine	By Appt. Only Free Haircuts on Thursday .Call 201 342 0962 <hr/> Mah Jongg on Tues.,Thurs., Sat. 11 AM

The Shops at Riverside, 310 Riverside Square Mall, Hackensack, NJ 07601
Phone 201 342 0962 Email: bruder@seniorsourcellc.com Website: www.seniorsourcellc.com